



Go Active Timetable

ACTIVITIES MUST BE BOOKED IN ADVANCE

Please call **01301 703344** to book! Space limited to 12 people per activity.

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pirate's Paradise 09:30-11:00	Balanceability + Pedal Bikes 09:30-11:00	Aeroball ALL DAY	Wild Wild West 09:30-11:00	Science Kids 09:30-11:00	Balanceability + Pedal Bikes 09:30-11:00	Aeroball ALL DAY
Archery 11:30-13:00	Fencing 11:30-13:00	Go Quest ALL DAY	Crazy Carts 11:30-12:30	Archery 11:30-13:00	Archery 11:30-13:00	Go Quest ALL DAY
Go Quest 11:30-13:00	Crazy Carts 14:00-15:00	Badminton ALL DAY	Archery 14:00-15:30	Crazy Carts 14:00-15:00	Body Zorbs 14:00-15:30	Badminton ALL DAY
Body Zorbs 14:00-15:30	Water Walkerz 16:00-17:30	TableTennis ALL DAY	Water Walkerz 16:00-17:30	Fencing 16:00-17:30	Snorkelling & SS 16:00-17:30	TableTennis ALL DAY
Snorkelling & SS 16:00-17:30						

DISCLAIMER: Please ensure that you arrive at the Go Active meeting point at least 10 minutes before your activity starts: Late arrivals may not be admitted but will still be charged. Age restrictions apply to certain activities. Minimum numbers may apply for each activity and some outdoor activities may be weather dependent.

Children remain the responsibility of parents/guardians at all times and we require parents/guardians stay with their children if 15 or under.

All activities must be pre-booked at the Go Active desk, and are subject to availability and may be cancelled or postponed due to adverse weather conditions. If cancelled, an alternative activity will be offered.

Payment is required at the time of booking an activity. Bookings can be made by contacting a member of the Go Active team on **01301 703344**.

Go Active reserve the right to alter or cancel activities without prior warning. All bookings are non-refundable and non-transferable.

Go Juniors

PIRATE'S PARADISE

AGES 3-7 FROM £6

Ahoy there matey! Be a part of a pirate escapade like no other. Dress up and join the Captain to play pirate games and find the stolen treasure in this swashbuckling adventure! Aaargghh! Adult supervision required.

WILD WILD WEST

AGES 3-7 FROM £6

Pick a side: Cowboys or Indians? With this yeeha-ing, gun slinging, ropes lassoing, horse riding show-down; who will you choose to be? A wild session in the Wild West. An adventure not to be missed! Adult supervision required.

BALANCEABILITY AND PEDAL BIKES

AGES 3-7 FROM £6

A revolutionary new session designed to build confidence, spatial awareness, balance and trust; the skills necessary for riding a bike. This session uses specially designed balance bikes which should help your child overcome this milestone without ever needing stabilisers. On the pedal bikes learn to build speed, balance and confidence while learning to steer and control in a safe and fun environment. Adult supervision required.

SCIENCE KIDS

AGES 3-7 FROM £6

Brand New for 2016! Lab coats at the ready! Test the laws of physics and take part in crazy experiments in this fun and interactive science session. Adult supervision required.

Go Explore

GO QUEST!

AGES 3+ FROM £5

Go Quest is the perfect way for the whole family to have fun and explore together! Follow the map, find the markers and take in the sights and views of Drimsynie. Who knows what else you'll discover along the way!

Go Pro

SNORKELLING AND SEA SCOOTERS

AGES 7+/ ADULTS FROM £12.50

Learn to snorkel with a British Sub Aqua Club (BSAC) instructor so you can swim with the fish and have a blast! If that's not enough try out our submersible diving scooters; you'll be ducking and diving like an underwater spy! Please bring a swimming costume, towel and £1 coin for locker. Adult supervision required.

ARCHERY

AGES 5+/ ADULTS FROM £15

Ready? Aim. Fire! Let an Archery GB activity leader show you how to shoot a high performance bow with accuracy and hit the gold with ease! With fun, games and competition, there is something in this session for everyone. Adult supervision required.

FENCING

AGES 8+/ ADULTS FROM £12.50

Work up a sweat in this fast paced high intensity sport. With a British Fencing activity leader, you will learn all the footwork and sword skills you need to parry, riposte and disengage your way to victory. En-Garde! Please wear long trousers and appropriate footwear and bring a drink to keep hydrated. Adult supervision required.

TARGET SPORT

AGES 16+/ADULTS FROM £15

One target sport not enough for you? Join an Archery GB activity leader and combine crossbow and archery to test your inner marksman in this session. A steady hand and nerves of steel are a must! Please see an instructor to arrange a bespoke Target Sport session at a time that suits you.

CROSSBOWS

AGES 16+/ ADULTS FROM £10

There is nothing quite like the rush of shooting a crossbow. Join an Archery GB activity leader in this session with all the fun of archery, but with more precision and deadly skill. Please see an instructor to arrange a bespoke Crossbow session at a time that suits you.

Ready, Steady, Go!

WATER WALKERZ

AGES 5+/ADULTS FROM £5 PER TURN

If at first you fall over, try and try again to walk, balance and run inside a giant inflatable ball on water. A thrill like no other! Max weight 13 stone. Light clothing and no shoes to be worn. Participant must be dry on entering the ball. Adult supervision required.

BODY ZORBS

AGES 7+/ADULTS FROM £12.50

Ever wanted to take someone out sumo style but were afraid to get hurt? Now you can do just that. Run, Roll and Fall...ALL without pain in this thrilling, fun, crazy session, 3,2,1... SUMO! Max weight 12 stone. Please wear long trousers and appropriate footwear and bring a drink to keep hydrated. Adult supervision required.

AEROBALL

AGES 6+/ADULTS FROM £6

Ever wondered what it would be like to play basketball whilst on a trampoline? Wonder no more! This unique combination of the two sports will bring out the competitor in you, with quick fire one on one games you'll love it! Can also be hired for use without an instructor, please see the Funhouse for more details. Adult supervision required.

CRAZY CARTS

AGES 9+ FROM £10

Brand new for 2016! Buckle up and do your best F1 driver impersonation-prepare for a crazy ride! These carts whizz round the course at speeds of up to 12mph, with a stunt handbrake to have you spinning in circles and back again. Not for the faint hearted! Awesome new carts for those looking for a fast thrill. Adult supervision required.

Go Slow

TREATMENT ROOMS

FROM £7-£28

After an action packed day of activities, visit the Treatment Rooms where you can relax and revitalise! To book please ask at reception.